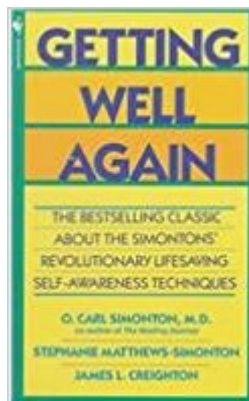


The book was found

Getting Well Again: A Step-by-Step, Self-Help Guide To Overcoming Cancer For Patients And Their Families



Synopsis

Noticeable wear to cover and pages. May have some markings on the inside. Fast shipping. Will be shipped from US. Used books may not include companion materials.

Book Information

Paperback

Publisher: Bantam Books; Reissue edition (1980)

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Product Dimensions: 8.4 x 5.8 x 0.7 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (4 customer reviews)

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Customer Reviews

Dr. Simonton was a pioneer in the field of body, mind, spirit. He had one of the highest cure rates for cancer and an understanding of the power of positive living. While the book focuses on cancer, it offers tools for anyone to live a life fully expressed and disease free. If you know someone living with cancer this book and the seminars offered by the Siminton Foundation please, please, please turn them on to this work.

There is lots of information in this book. Car, Stephanie, and Jim give steps you can follow in your healing journey. It should be republished. Others have taken part of this book as their own and missed the full plan of hope. This book is true. I was involved in the early groups and there were no promises. And patients were never told that the cancer was their fault. The work continues at a treatment center in California. The Siminton Treatment Center. There are no quick miracles for cancer and other tragic illnesses but we all need encouragement and ways to deal with the journey.

This is an excellent book on taking charge of your own health, starting with the way you think about your body and your surroundings. Stress is a major factor in many illnesses. Reading this book

because you have a loved one with cancer may have the added benefit of helping the caregiver avoid cancer through eye-opening life-style changes.

great

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